

Introduction to Nevro HFX™ Guide

HFX is an FDA-approved treatment option for long-term chronic pain relief.

It's a small device that works inside your body to significantly reduce pain and improve your quality of life.

Email or print this guide now and bring it to your next appointment.



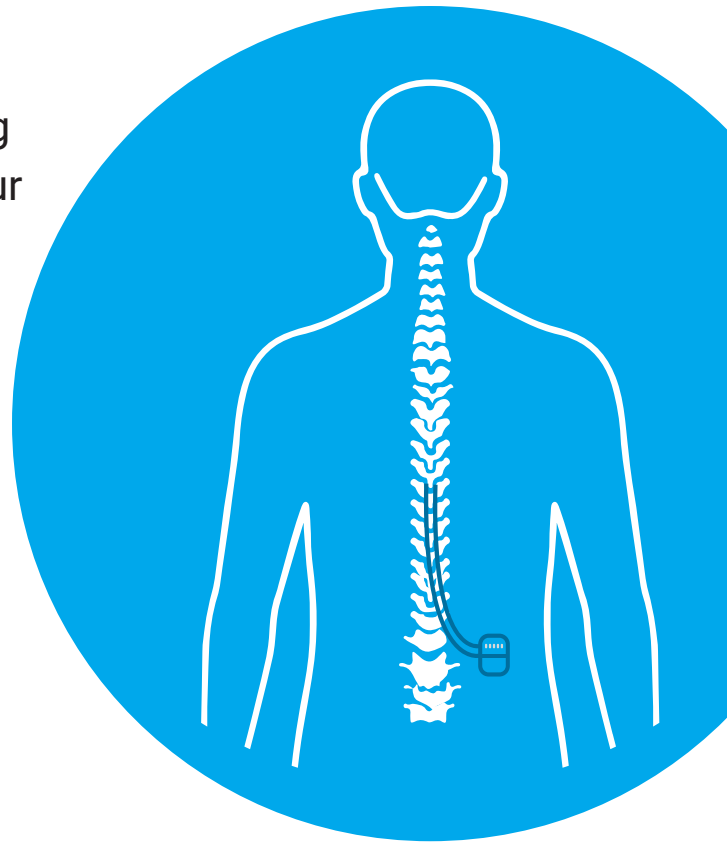
*HFX has given me back what I lost.
It's given my life back.*

How it Works

HFX spinal cord stimulation works by placing a small device, similar to a pacemaker, in your back in a same-day, outpatient procedure.

HFX safely blocks and reduces chronic pain signals traveling to the brain.

When pain signals are reduced, you experience less pain.



See how HFX relieves chronic pain:

(Scan this code with your phone's camera)



youtube.com/watch?v=jVMecoMYs8I



**HFX is safe and
FDA approved**



**HFX is not a drug or
major surgery**



**You can try HFX first
before you decide**

All Major Health Insurances Cover HFX

HFX is covered by all major commercial insurance plans, Medicaid, Medicare, Tricare, and workers comp in all states except Washington.

Who is a Good Candidate for HFX?

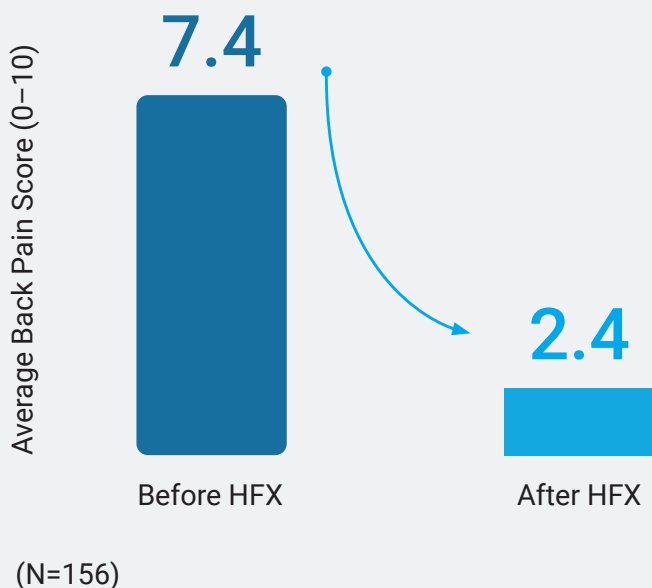
- ✓ Your pain is constant and has lasted for more than 6 months
- ✓ Most of your pain is nerve-related
- ✓ Your pain is located in your back, trunk, arms, or legs
- ✓ You still have pain after trying other pain management treatment options

HFX has helped over **80,000** people worldwide find long-term pain relief.

Clinically Proven Pain Relief

80% of people with chronic pain reported their pain scores decreased by more than half.

Significant Long-Term Pain Relief¹



Frequently Asked Questions

1 I've tried everything. Why should I try this?

HFX is proven to be successful for many people with chronic pain who haven't found lasting relief from other treatment options like pain medication, injections, and surgery. You can see their experiences [here](#).

2 Is HFX safe?

Yes. HFX is FDA approved. Spinal cord stimulation has been thoroughly studied and proven to be a safe and effective approach for many decades. HFX has significantly fewer side effects than other treatment options, doesn't involve a major surgery and it's typically safer than other spine surgeries^{1,2-5}.

3 Can I have an MRI with HFX?

Yes, with HFX you can safely have a full body MRI*.

4 Is HFX reversible?

Yes, implanting HFX is a reversible procedure.

5 Is HFX the most advanced spinal cord stimulator available?

Yes, a major clinical study found that nearly 80% of people experienced significant pain relief with HFX compared to only 49% of people with a traditional spinal cord stimulator¹.

Ask These Questions at Your Next Appointment:

- 1 Is spinal cord stimulation something I might be a good candidate for?
- 2 How much pain relief can I expect? Will Nevro HFX improve my quality of life?
- 3 Will I be able to decrease or stop taking my pain medication?
- 4 Is Nevro HFX covered by my insurance?
- 5 Is spinal cord stimulation safe? What are the possible side effects?
- 6 What are the next steps to try Nevro HFX?

Add your questions below:

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A

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Rx Only: Patient experiences with the Senza®, Senza II™ and Senza Omnia™ neuromodulation systems vary by individual, including the amount of pain relief. The occurrence of adverse effects associated with SCS implant surgery or use also varies by patient.

Brief Summary: A summary of important information follows. Please see www.NevroHFX.com/safety and the Senza®, Senza II™ and Senza Omnia™ Patient Manual (at <https://www.nevro.com/manuals>) for complete information. Please consult your doctor to fully understand Senza®, Senza II™ and Senza Omnia™ benefits and risks.

Indications for Use: The Senza®, Senza II™ and Senza Omnia™ neuromodulation systems are used as aids in the management of chronic intractable pain of the trunk and/or limbs. This includes pain associated with failed back surgery syndrome, intractable low back pain, and leg pain. The Senza®, Senza II™ and Senza Omnia™ neuromodulation systems, when programmed to include a frequency of 10 kHz, are indicated as aids in the management of chronic intractable pain of the lower limbs, including unilateral or bilateral pain, associated with diabetic neuropathy.

Contraindications: These include patients not fit for surgery.

Warnings/Precautions: There are warnings or precautions against or regarding: Senza®, Senza II™ and Senza Omnia™ use in patients who are or may become pregnant; patients undergoing diathermy or with other active implanted devices, or those undergoing CT scans, ultrasound or other procedures, among others.

Adverse Effects: Senza®, Senza II™ and Senza Omnia™ are implanted surgically, so surgical complications are possible, such as infection, pain, bleeding and, very rarely, paralysis or death. After Senza®, Senza II™ and Senza Omnia placement, potential side effects include allergy or infection, loss of pain relief, pain or uncomfortable stimulation, burns or device or component malfunction resulting in corrective surgery, lead replacement or device removal.

References:

*Within conditional parameters. Refer to Senza MRI Guidelines for detailed information on MRI safety and conditions.

1. Kapural L, et al. Comparison of 10-kHz High-Frequency and Traditional Low-Frequency Spinal Cord Stimulation for the Treatment of Chronic Back and Leg Pain: 24-month. Results from a Multicenter, Randomized, Controlled Pivotal Trial.
2. Stauss, Thomas et al. A Multicenter Real-World Review of 10kHz SCS Outcomes for Treatment of Chronic Trunk and/or Limb Pain. *Annals of Clinical and Translational Neurology*. January 2019 (Currently in Press)
3. Mirza, Sohail K, and Richard A Deyo. "Systematic review of randomized trials comparing lumbar fusion surgery to nonoperative care for treatment of chronic back pain." *Spine* vol. 32,7 (2007): 816-23. doi:10.1097/01.brs.0000259225.37454.38
4. Smith, Justin S et al. "Complication rates of three common spine procedures and rates of thromboembolism following spine surgery based on 108,419 procedures: a report from the Scoliosis Research Society Morbidity and Mortality Committee." *Spine* vol. 35,24 (2010): 2140-9. doi:10.1097/BRS.0b013e3181cbc8e7
5. Deyo, Richard A et al. "Trends, major medical complications, and charges associated with surgery for lumbar spinal stenosis in older adults." *JAMA* vol. 303,13 (2010): 1259-65. doi:10.1001/jama.2010.338